

Premier Creatine

Pure Creatine Monohydrate for Muscle & Brain Performance*



Item: 0910

Where Cellular Energy Meets Strength and Cognitive Support*

Premier Research Labs Creatine is a clean, vegan creatine monohydrate powder designed to support muscular strength, exercise performance, and cognitive health.* Delivering 5,000 mg of pure creatine monohydrate per scoop, this fast dissolving, highly bioavailable formula supports cellular ATP production in high demand tissues such as skeletal muscles and the brain.*

Key Ingredient:

Creatine Monohydrate (5,000 mg per scoop):

A well-researched compound that supports:

- Cellular ATP levels in high-demand tissues*
- Muscular strength and exercise performance*
- Muscular endurance and lean mass development when combined with training*
- Oxygen utilization in muscle tissue during high-intensity exercise*
- Cognitive health and maintenance with aging*
- Brain energy metabolism and mental performance*

Creatine supplementation may especially be valuable for individuals with dietary patterns that limit creatine intake, including plant-based diets.*

Why Premier Creatine

- **Clinically Relevant Dose:** Providing 5,000 mg per scoop, which is the amount commonly used in creatine research.*
- **Highly Bioavailable & Fast Dissolving:** with pure creatine monohydrate powder formulated for easy mixing and consistent intake.*

- **Supports Muscle & Brain Energy:** through creatine monohydrate which helps replenish ATP to support performance in both physical and cognitive tasks*
- **Vegan & Clean Formula:** made without stearates, artificial additives, fillers, or flow agents.*
- **Rigorous Quality Testing:** including purity, potency, microbiology, and contaminant screening to ensure practitioner-grade quality.

The Premier Difference

At Premier Research Labs, every formula is designed for efficacy, purity, and intelligent design.*

- No unnecessary additives or synthetic excipients.
- Rigorously tested for identity, potency, and contaminants.
- Scientifically crafted to align with the body's natural systems.*

Supplement Facts

Serving Size 1 Heaping Scoop (5 g)
Servings Per Container 40

	Amount Per Serving
Creatine Monohydrate	5,000 mg[†]

[†]Daily Value Not Established

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Premier Creatine

Clean Creatine Matters

What to Look for in a Creatine Supplement for Your Patients*

Feature and/or Ingredient	Many Creatine Products Contain	Premier Creatine Delivers
100% Pure Creatine Monohydrate	X	✓
5,000 mg Per Scoop to Deliver a Clinical Dose*	X	✓
Vegan Formula with No Fillers	X	✓
Fast-Dissolving, Easy-to-Use Powder	X	✓
Rigorously Tested for Purity and Contaminants	X	✓
Stearates and Flow Agents	✓	X
Artificial Flavors or Sweeteners	✓	X
Poor Solubility or Clumping	✓	X
Limited Quality Testing	✓	X
Inconsistent Dosing	✓	X

Key Takeaways

Premier Creatine delivers 5,000 mg of pure, vegan creatine monohydrate per scoop to support muscle strength, lean mass, and high-intensity performance.* Beyond athletic performance, creatine helps maintain cellular energy, cognitive function, and healthy muscle mass, especially in those on plant-based diets or focused on healthy aging.* Fast-dissolving and excipient-free, Premier Creatine integrates seamlessly into wellness protocols for both body and brain.*

Complementary Products

Premier Creatine is the foundation for muscle strength, lean muscle maintenance, and high-intensity exercise performance, while supporting cognitive health.* Combined with Curcumin-FX™ for joint and metabolic support*, Inflammacin™ for proteolytic enzyme support of normal inflammatory processes and musculoskeletal wellness*, and Lean Advantage™ for metabolic function and body composition – creates a complete approach to supporting active living and recovery.*

Curcumin-FX™



A highly bioavailable curcumin formula with 25+ clinical studies, featuring piperine-free CurQFen® technology to support joint comfort and flexibility, promote healthy inflammatory response, and aid metabolic function and cardiovascular health.*

Inflammacin™



A 100% plant-based enzyme formula featuring bromelain, papain, and actinidin with synergistic botanicals that support digestive health, relieves occasional muscle soreness between meals, and aids healthy inflammatory response and circulation.*

Lean Advantage™



Lean Advantage™ combines thermogenic botanicals and metabolic cofactors to support healthy body composition, fat metabolism, and sustained energy levels.*

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