

## **Premier Lion's Mane**

Targeted Support for Cognitive and Nerve Health

















IDENTITY

Lion's Mane Mushroom (Hericium erinaceus) is a renowned functional mushroom that supports cognitive function, memory, and nerve health. In traditional medicine, particularly in Chinese and Japanese healing practices, the Lion's Mane Mushroom has been used for centuries for its tonic properties, supporting overall well-being while targeting brain and digestive health.

Modern research has uncovered the potent bioactive compounds in Lion's Mane, including hericenones, erinacines, and beta-glucans, contributing to its diverse health benefits. Hericenones and erinacines may support nerve health by contributing to the natural growth and maintenance of neurons in the brain and the peripheral nervous system. Emerging neurological research suggests that Lion's Mane mushroom may support the natural production of brain-derived neurotrophic factor (BDNF) and nerve growth factor (NGF), essential for maintaining and repairing nerve cells. Meanwhile, beta-glucans help nourish the gut and support overall immune health.

Premier Lion's Mane can deliver reliable support for maintaining cognitive clarity and overall neurological wellness. Our vegan-friendly, clean-label formula is ideal for a wide range of dietary preferences. Every dose delivers standardized potency equivalent to 7.5g of dry Lion's Mane mushroom fruiting body, ensuring consistent quality and potency. Each batch undergoes stringent testing, including heavy metal screening, to ensure the highest standards of purity and safety.

## **Recommended Use**

- Lion's Mane mushroom supplementation may support cognitive function and nerve health with consistent use.\* Extensive research suggests that Lion's Mane mushroom is safe for long-term use and is appropriate for adults of all ages.
- Adults: For targeted brain and nerve support, take 3 capsules daily with meals or as recommended by a health practitioner.



- Supports Cognitive Function: Promotes memory recall, mental clarity, and brain performance supporting brain health.\*
- Facilitates Nerve Health: Supports normal nerve function and the body's ability to maintain nerve health.\*

Lion's Mane

Cognitive and Nerve Supports memory, mental clarity, and brain function by promoting healthy nerve function and overall cognitive performance." DIETARY SUPPLEMENT (U) 90 PLANT-SOURCE CAPSULES

Supports General Wellness: Delivers a 20% standardized extract of immune-supportive beta-glucans and prebiotics that help support gut-brain health and overall vitality.\*

## **Highlights**

- Standardized Extract: Every dose delivers 1000 mg of Lion's Mane fruiting body extract (20% polysaccharides), equivalent to 7.5g of dry mushroom, ensuring consistent quality and potency.\*
- Research-Backed Formula: Lion's Mane supplementation may support cognitive function and nerve health with consistent use.\*
- Purity and Quality Assured: Includes advanced heavy metal testing, ensuring the product meets or exceeds industry safety thresholds.\*
- Clean Label Formula: Free from non-nutritive ingredients, additives, excipients, and common allergens like gluten and soy. Certified Kosher, vegan-friendly, and rigorously tested for heavy metals to ensure purity and safety.\*

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