



Available in 2 sizes

Max B-ND™ provides 13 forms of essential, absorbable B vitamins. This tireless group of vitamins, known as B-complex, helps convert the food you eat into energy, aids in the production of mood-stimulating neurotransmitters, plays a role in the formation of red blood cells, promotes liver health, and neutralizes cell-damaging free radicals. Additionally, vitamin B supports the function of the adrenal glands, which regulate your body's stress responses.

B vitamins aren't stored in the body because they're water soluble, so they must be replaced each day. It is possible to obtain an array of B vitamins through your diet, but it can be difficult to ensure that you are getting all the nutrients your body needs because there are so many different types of B vitamin food sources. Additionally, over half of individuals have inherited challenges in converting B vitamins into their active,

usable forms. Max B-ND™ addresses both concerns by providing full spectrum vitamin B supplementation.

Max B-ND™ is highly bioavailable, meaning it enters the bloodstream quickly and is readily available for your body to use. The reason this product is so easily absorbed is because of our advanced fermentation technology called "Novel Micro-cultured Delivery," or "ND" for short. By fermenting the vitamin B formulation with our unique probiotic culture, we deliver a vitamin B complex that is energizing, easy to digest, and supports healthy gut flora.















## **Benefits**

- Supports a healthy liver, regulates energy production, and may reduce fatigue.\*
- Enhances antioxidant activity, which protects cells and supports a healthy inflammatory response.\*
- Aids in the production of red blood cells and chemicals called neurotransmitters, which play a role in mood and cognitive health.\*
- Sustains healthy adrenal glands, which may promote an increased tolerance to stress.\*

## Highlights

- Uses innovative fermentation methods to deliver probiotic-activated B vitamins, improving bioavailability and supporting a healthy gut.
- Provides 13 active B vitamin forms including riboflavin (B2), niacin (B3), biotin (B7), folic acid (B9), and three B12 forms with no synthetic cyanocobalamin.
- Contains no artificial ingredients or harmful additives.

## Recommended Use

- Use as directed by your provider or take 1/2 teaspoon mixed into 1/4 cup water or juice once daily.
- Shake bottle gently before use.