

# Vitamin D3 for Kids

Naturally and Sustainably Sourced Vitamin D3



Support your child's health journey with the essential benefits of Vitamin D3, a crucial building block for growth and development. Vitamin D3 supports lifelong health, making it vital for bone growth, immune function, and brain health.

Vitamin D deficiency is increasingly common in children due to factors like low levels in breast milk, limited sun exposure, and strict vegetarian or vegan diets. Adequate vitamin D3 intake is essential for all children to thrive.

Start supplementation early to support growth, following the recommended dose to avoid potential toxicity. Improvements in health may take several weeks of consistent supplementation. For better absorption, administer with a fat-containing snack or meal.

Premier Research Labs' Vitamin D3 for Kids is naturally and sustainably sourced to support overall health and development. Recommended for children aged one year and older, each dose provides 400 IU of bioactive vitamin D3 in a fat-soluble base (extra virgin olive oil) for better absorption. Every drop of this golden 'liquid sunshine' delivers 100 IU of vitamin D3, allowing safe dose adjustments as your child grows to ensure they receive the recommended daily amount for bone, immune, and brain health.

The quality and purity of the supplement are paramount. Our product is third-party tested, non-GMO, and easy to use with its neutral-tasting, highly absorbable liquid form. Health-conscious consumers and PRL practitioners can trust our Vitamin D3 for Kids for its purity, effectiveness, and commitment to sustainability. Ensure your child's wellness with our reliable and high-quality supplement.

### **Benefits**

• Bone Health: Supports calcium and phosphorus absorption for strong bones and teeth.

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- **Immune Function:** Supports immune health and builds immune resilience.
- Brain Health: Contributes to neurodevelopmental and neuropsychiatric health.

## **Highlights**

- Natural, not Synthetic: Sourced from natural, sustainably harvested ingredients.
- Third-Party Tested: Ensuring potency, purity, and safety.
- **Non-GMO:** Free from genetically modified ingredients for peace of mind.

#### **Recommended Use**

- Start with four drops daily for children up to 12 months old.
- Increase to 6 drops (600 IU) daily for children 1–3 years old.
- Administer eight drops (800 IU) daily for children 4 years and older.
- Administer directly into the mouth or mix with a fat-containing snack.

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To contact Premier Research Labs, please call us at (800) 325-7734, or visit us on the web at www.prlabs.com

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.