# **Premier Weight** Management Bundle

Energize and Boost Metabolic Processes with our Trim-Targeted Trio of Formulations



In today's fast-paced world, achieving and maintaining a healthy weight is a significant challenge for many. Factors such as poor dietary choices, a sedentary lifestyle, and variations in hormonal balance can complicate weight management. Furthermore, the overwhelming presence of synthetic solutions and quick fixes has left many seeking a reliable, natural approach to boost metabolism and manage weight effectively, nourishing the body to enhance overall health and vitality.

## **Challenges to Overcome**

- Persistent challenges in managing appetite and cravings
- Metabolic rate variations, making fat loss more challenging
- Fluctuating energy levels that interfere with physical activity
- Supporting hormonal balance to maintain metabolic health

## **Strategies & Solutions**

Many individuals seek a natural solution that supports effective weight management without compromising health. PRL's Premier Weight Management Bundle offers a targeted, holistic approach:

- Lean Advantage™: Utilizes the natural thermogenic properties of Green Coffee Bean Extract, Bitter Orange Extract, and Raspberry Ketones to promote fat breakdown and support a lean body mass, complementing ThyroVen<sup>™</sup> for balanced metabolic support.
- ThyroVen™: Enhances thyroid function with naturally sourced iodine from kelp, combined with a blend of adaptogenic, detoxifying herbs to support metabolism and energy.\*

Green Tea Extract: Provides a robust dose of EGCG, supporting enhanced fat oxidation and metabolic health, and aiding cardiovascular and cognitive functions.\*

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Advantage™

Advanced Weight Manage ment Support

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Our natural, synergistic bundle offers a robust solution to tackle these challenges head-on, promoting a balanced approach to weight management.

## **Unpacking the Bundle**

REMIER

Thyro**Ven**<sup>®</sup>

Premier Thyroid

NETARY SUPPLEMENT

**60 PLANT-SOURCE CAPSULES** 

Support\*

RESEARCH LABS

### Lean Advantage™

- **Key Ingredients:** 
  - Green Coffee Bean extract standardized to 200 mg chlorogenic acid supporting glucose and metabolic health.\*
  - Includes bitter orange extract Advantra Z®, standardized for 60 mg p-synephrine, which has been studied for its role in supporting thermogenesis.\*
  - Raspberry Ketones support fat metabolism by promoting energy utilization and fat breakdown\*
- **Benefits:** 
  - Supports natural thermogenesis and fat breakdown, effectively complementing the metabolic boost provided by ThyroVen™.\*

### ThyroVen™

- **Key Ingredients:** 
  - Kelp-derived Iodine, Maca, Turmeric
- Benefits:
  - Supports thyroid health and a healthy metabolic rate crucial for energy production and fat oxidation.\*

### **Green Tea Extract**

- **Key Ingredients:** 
  - Standardized to contain 140 mg EGCG per dose, it also contains caffeine, L-theanine
- Benefits:
  - Used to support fat metabolism, help maintain cardiovascular health, and promote mental clarity.\*

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.



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## **How They Work Together**

By combining these three products, you target multiple pathways to support metabolism and healthy weight management: ThyroVen<sup>™</sup> naturally nourishes the thyroid gland, supporting a healthy metabolic rate, Lean Advantage<sup>™</sup> aids in fat breakdown, and Green Tea Extract complements these effects by contributing to metabolic health.\*

Recommended Use: Integrating these supplements into balanced diets and daily routines can maximize health benefits and support practical weight management goals.

## Nutritional & Lifestyle Recommendations

### **Nutrition Tips**

- High-Protein, Fiber-Rich Diet: Boost metabolism and maintain muscle mass while feeling full longer.
- Low-Glycemic Carbs: Stabilize energy and support balanced blood sugar.
- Healthy Fats: Fat is part of every cell membrane and essential for overall health. Eat clean and choose organic fats (oils, butter, dairy).
- Adequate Hydration: Essential for optimal metabolic function and detoxification.

#### **Lifestyle Tips**

- **Regular Exercise:** Integrate strength training and HIIT to boost metabolism.
- Stress Management: Utilize yoga or meditation to enhance resilience and metabolic health.
- Quality Sleep: Prioritize 7-9 hours per night to support recovery and hormonal balance.
- Positive Mindset: Foster resilience and motivation through positive thinking and celebrating small successes.



## Weight Management Bundle

Ignite Your Metabolic Transformation Today with PRL's Weight Management Bundle.

Boost Metabolism and Enhance Your Wellness Journey for Sustainable Results!



To contact Premier Research Labs, please call us at (800) 325-7734, or visit us on the web at www.prlabs.com

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