

PREMIER GREEN TEA EXTRACT

Premier Antioxidant Weight Maintenance
and Well Being Support with EGCG



- ✓ Green tea: the most popular beverage in the world today, second only to water
- ✓ Contains EGCG, a compound with potent antioxidant support/free radical neutralizing properties
- ✓ Supports weight management benefits through promotion of fat metabolism (when coupled with healthy diet & exercise)
- ✓ Promotes cardiovascular health (due to EGCG's powerful antioxidant activity)
- ✓ Scientifically shown to support healthy tissues during normal metabolic stress
- ✓ Supports overall health and well being



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Commitment to Excellence:
Each PRL Formula Meets or
Exceeds FDA/cGMP Standards

PREMIER
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FROM ANCIENT TIMES

Tea has been cultivated for centuries, dating back to use in ancient India and China. Did you know that tea is the most widely consumed drink in the world today, second only to water? Across the earth, millions of people drink tea every day. Research studies suggest that among all the teas, green tea in particular is a star player, with many significant health benefits.

In contrast to black tea, green tea (*Camellia sinensis*) is made from unfermented tea leaves and naturally contains a high concentration of polyphenols. Polyphenols are natural plant compounds that act as powerful antioxidants and help fight free radicals, which can stress DNA as well as other compounds in the body. Many scientists believe that free radicals contribute to the aging process. Thus, taking a high quality green tea supplement on a daily basis may supply impressive antioxidant support as well as promote maximal health and well being.

WHAT'S IN GREEN TEA THAT MAKES IT SO SPECIAL?

Green tea's timeless health benefits can be traced to its naturally occurring bioactive compounds called polyphenols. One abundant type of polyphenol in green tea is called catechins. Catechins are known to exhibit potent free radical neutralizing properties. The major catechin in green tea leaves is called **EGCG** (epigallocatechin gallate) and is considered to be green tea's **key active component**. It is also valued for its active antioxidant properties.

WHAT ARE THE BENEFITS OF EGCG?

EGCG offers many benefits for overall health and well-being. It has been studied extensively for its benefits in weight maintenance through promotion of fat metabolism. Thus, it plays an important role in supporting overall health and wellness. EGCG has also been scientifically shown to assist in maintaining healthy tissues during normal metabolic stress. In summary, the little superstar component of green tea,

EGCG, supports weight management benefits when coupled with a healthy diet and regular exercise routine. It works to help optimize metabolic wellness and also promotes cardiovascular health due to its abundant supply of antioxidant activity. Overall, green tea with its superb EGCG content, supports foundational health and wellness.

Welcome to the scientifically studied superstar of the plant kingdom: Green Tea.

Now available in a convenient, easy-to-swallow capsule form in scientifically demonstrated concentrations. One capsule of Premier Green Tea Extract (98% polyphenols) contains green tea standardized to 45% EGCG (epigallocatechin gallate), scientifically demonstrated to exhibit potent free radical neutralizing properties. Taking four capsules daily supplies 320 mg of EGCG.

Please enjoy the significant benefits of this high quality green tea concentrate. Now you can join millions of people around the planet who partake in green tea's illustrious health secrets every day.

INGREDIENTS

Two Vegetarian Capsules Provide:

Green SynerBlend 485 mg
Organic Prickly Pear (leaf) (*Opuntia ficus-indica*), Organic Kale (leaf) (*Brassica oleracea acephala*), Apple Cider Vinegar

Green Tea Extract (leaf) 355 mg
(*Camellia sinensis*) (Standardized to contain a minimum of 65% total catechins and 45% epigallocatechin gallate [EGCG])

Other Ingredients: Vegetable Cellulose Capsules

Suggested Use. Take 2 capsules, 2 times daily with food or as directed by a health professional.

Code: 2305 (120 vegetarian caps/bottle) R1.0